



Discovery Southeast

Hands-on Nature Education for Southeast Alaskans

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info@discoverysoutheast.org

DiscoverySoutheast.org

PARTICIPANT INFORMATION

Name of Participant: _____ Participant Date of Birth: _____

Mailing Address, City, State, Zip: _____

Phone: _____ Email: _____

Program and dates in which participant is enrolling: _____

Participants Health Insurance Company: _____ Policy #: _____

If participant is a minor:

Parent/Legal Guardian #1 Name: _____

Mailing Address, City, State, Zip: _____

Phone: _____ Email: _____

Parent/Legal Guardian #2 Name: _____

Mailing Address, City, State, Zip: _____

Phone: _____ Email: _____

Primary Emergency Contact Information:

Name: _____ Relationship: _____

Primary Phone: _____ Secondary Phone: _____

Secondary Emergency Contact Information:

Name: _____ Relationship: _____

Primary Phone: _____ Secondary Phone: _____

HEALTH & MEDICAL INFORMATION

Please describe the participant's overall physical and mental health and fitness level: _____

What medical conditions should we be aware of? Please include any conditions large or small that could be relevant, certainly including asthma, diabetes, fainting, heart trouble, convulsions or seizures: _____

Are there any behavior trends or issues that we should be aware of? _____

Describe any dietary restrictions and allergies to 1) medications, 2) foods, 3) stings or environmental triggers: _____

If the participant is on regular medication, please describe condition, side effects, and expectations of staff: _____

Is the participant current in all school-required vaccines and immunizations? _____

What is the participant's swimming ability: Non-swimmer ____ Beginner ____ Intermediate ____ Advanced ____

PARTICIPANT AGREEMENT

Please take a moment to read the following information. If you agree with all of it, please sign below. You are always welcome to ask for more information if you have questions by emailing info@discoverysoutheast.org. Registration in Discovery Southeast programs is voluntary, so please do not sign below unless you are comfortable with the following.

OVERVIEW OF ACTIVITIES: Discovery Southeast programs operate in both urban and wild environments, primarily outdoors, and include physical activity. Here in Southeast Alaska, that means we are often in rugged terrain, remote from services, with inclement weather and elements of wilderness—such as falling objects, wild animals, and moving water. We usually go off trail, which means we are quickly exposed to wild environments even in seemingly-benign places. Participants commonly hike, perhaps wearing many layers of clothes, and carrying a day pack. We regularly cover a few miles per day, but sometimes travel 10 or more miles in a day. Participants sometimes go in a boat (motorized or paddled), swim, wade, or cross streams; water is almost always present, and we frequently encounter muck or pools, expected or not. Almost all our programs also travel through non-wild areas: for example, we often travel by 15 passenger van or bus, or walk along a city sidewalk where a roadway is near-by, and offer programs in city parks or public spaces where other people are present. Sometimes we recreate indoors too, such as at the pool or climbing gym. Overnight programs involve camping in cabins or tents in wilderness.

RISKS EXIST: Discovery Southeast aims to provide programs that are safety-conscious and healthy for participants. We expect fewer injury rates than traditional athletic programs and we intend to promote lifelong physical and mental health and fitness. There are, however, many elements of risk. Discovery Southeast does not want to frighten you or reduce your enthusiasm for these activities, but it is important to be informed of the inherent risks. These can involve a risk of personal injury, illness, and even death.

The following descriptions are not exhaustive, but are intended to give you an appreciation for some risks that can be encountered. Traveling in a vehicle or near vehicles involves a risk of severe, high-consequence accidents. Public areas involve people or their pets, both of which can behave unpredictably and dangerously. Exposure to water can occur whether in a boat, swimming, or just walking through the forest, and it can lead to drowning (even in shallow water), falls, or hypothermia. Participants can be poked or banged by many things, for example, falling and hitting one's head on concrete or rocks, or falling or running into a stick. Fires, such as a bonfire for warmth and roasting marshmallows or a stove for cooking, can result in severe burns. The danger of slips or falls can be high when traveling across uneven, rocky, or steep terrain, or ground that is covered in snow, ice, or water. Animals such as bees, dogs, or bears could cause serious injury. Being remote—whether on a city trail or during a long expedition—means injuries are more consequential and rescue or care is difficult to access, which can result in more severe consequences or longer exposure to elements. Physical activity can also carry risks, such as triggering heart-related conditions, breathing difficulty, sprains, or falls. Exertion, exposure to the elements, or just being in a wild place can sometimes lead to poorer-than-usual judgment. Even without these stressors, leaders and other participants are human and make mistakes or use poor judgment, which could lead to severe accidents or injuries. *This description of risks is not complete; many more exist and even unknown or totally unanticipated risks exist.*

ASSUMPTION OF RISKS; RELEASE OF RIGHTS INCLUDING CLAIMS OF NEGLIGENCE; AND INDEMNIFICATION: By signing below, the participant or guardian voluntarily accepts and assumes the risk of participation in Discovery Southeast programs.

The participant or guardian agrees to hold the Alaska Discovery Foundation Inc., doing business as Discovery Southeast, and its agents, harmless from all liabilities, actions, causes of action, debts, claims, and demands, including those arising from injury, damage, or inconvenience to person or property in connection with the Discovery Southeast program, even those arising from negligence.

Should the Alaska Discovery Foundation Inc. or its agents incur any attorney's fees and costs to enforce this agreement, the participant or guardian agrees to indemnify them, i.e., pay for their attorney's fees and costs.

FORUM SELECTION AND SEVERABILITY: In the event that the participant or guardian files a lawsuit against the Alaska Discovery Foundation or its agents, the participant or guardian agrees to do so solely in the State of Alaska, First Judicial District, and agrees that the substantive law of Alaska shall apply.

The participant or guardian waives any other jurisdiction or venue, and agrees that in the event that any part of this agreement is found to be void or unenforceable, the remaining portion shall remain in full force and effect.

FITNESS FOR THE PROGRAM AND EXCLUSION OF PARTICIPANTS: By signing below, the participant or guardian attests that to the best of their knowledge the participant is mentally and physically fit to participate in the Discovery Southeast program and that all conditions or concerns are disclosed on the Health and Medical Form. If medications are listed, the participant must provide a sufficient supply

for each day, and inform the leaders of the signs and symptoms pertaining to the need for the medication. The participant must be capable and responsible for administering of the medication, or staff must be given everything necessary to administer the medication, and expressly agree that they are comfortable doing so.

Discovery Southeast will operate under a covenant of good faith and fair dealing but may at times find it necessary to exclude a participant. A participant could be excluded, for example, when their behavior threatens group members or becomes such a distraction that fulfilling the goals of the program are impeded. Further, while Discovery Southeast gladly makes reasonable accommodations to include all participants, some ability levels or medical conditions could result in the need to exclude a participant. In any of the above events, a participant may be excluded from further participation without receiving a refund.

If you have any questions about the participant's fitness for this program, we're happy to talk it over with you. Please email info@discoverysoutheast.org.

MEDICAL RELEASE: By signing below, the participant or guardian authorizes program staff to provide and seek medical treatment deemed necessary in the event of participant's injury or illness.

PHOTO RELEASE: By signing below, the participant or guardian grants Discovery Southeast permission to use for promotional, educational, and informational needs, any photo or video that may be taken of the participant during a Discovery Southeast program.

Registration in Discovery Southeast programs is voluntary. Please do not sign this agreement unless you understand and agree to it. If you have questions, email info@discoverysoutheast.org.

BY SIGNING BELOW I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THIS PARTICIPANT AGREEMENT, AND THAT IT SHALL BE BINDING ON ME, MY HEIRS, ESTATE, EXECUTORS, AND ADMINISTRATORS.

Participant Signature, or Parent/Guardian #1 if participant is under 18

Date

Does Parent/Guardian #1 have sole legal guardianship OR the full authorization from Parent/Guardian #2 to act on their behalf in this matter? ____ If not, _____

Parent/Legal Guardian #2 Signature

Date